

A high-angle photograph of a mountain climber ascending a steep, snow-covered ridge. The climber is wearing a red jacket, dark pants, and a red helmet, and is using ice axes. The background shows a vast, rugged mountain landscape under a clear blue sky. A dark, semi-transparent diagonal overlay covers the left side of the image, serving as a background for the text.

Inspiring Change

Climbing the 7 summits

A project between Joyce Azzam and **himaya**

VISION

A person in winter climbing gear is ascending a steep, snow-covered mountain. They are using an ice axe and a climbing rope. The background shows a cloudy sky and the rugged terrain of the mountain.

*"While climbing each mountain at a time,
I aim to #InspireChange, and prove to
everyone that no matter how hard the
journey is, #YesYouCan do it!"*

MISSION

My mission is to become the **first Lebanese woman** and the **second woman in the world** to complete the "Explorers Grand Slam*", and she is 2 summits and 2 Poles away from achieving that.

**The Explorers Grand Slam or Adventurers Grand Slam is an adventurers challenge to reach the North Pole, the South Pole and all of the Seven Summits.*





THE EXPLORER'S GRAND SLAM JOURNEY

Denali,
North America
June 2017



North Pole
April 2020



Elbrus,
Europe
July 2012



Scheduled
Mt. Everest, Asia
April/May 2019



Mt. Kilimanjaro,
Africa
March 2018
June 2017



Carstensz Pyramid,
Oceania
October 2017



Aconcagua,
South America
February 2017



Kosciuszko,
Australia
October 2013



Scheduled
Mt. Vinson, Antarctica
November 2018



Scheduled
South Pole
December 2019



WORLD RECORDS

Explorers Grand Slam



Cecile Skog

**1st woman in the world
Explorers Grand Slam
2010**

Seven Summits



Junko Tabei

**1st woman in the world
1992**



Janin Christine

**1st French woman
1992**



Dolly Jefferies

**1st American woman
1993**



MT ELBRUS

Russia, Europe

5,642M

July 2012



ELBRUS 2012





KOSCIUSKO

Australia, Oceania

2,228M

October 2013

CARTENSZ PYRAMID

Papua New Guinea, Oceania

4,884M

October 2013





Carstensz Pyramid 2013





MT KILIMANJARO
Tanzania, Africa

5,895M

March 2014

A photograph of three young women standing on a dirt path in a lush, green forest. They are all wearing hiking vests and backpacks. The woman in the center is wearing a blue vest and a colorful headband. The woman on the left is wearing a blue vest and a black headscarf. The woman on the right is wearing a white and black vest and a black headscarf. They are all smiling at the camera. In the background, there are more trees and a fourth person is partially visible.

In 2017, Joyce climbed with young Lebanese girls from Tanzania and Argentina in the aim to reconnect with the Lebanese community abroad and inspire young girls from Lebanese descents.

The journey was very inspiring to these girls that one of them is already on her way to become the youngest Arab girl to complete the 7 summits.

KILIMANJARO

Tanzania, Africa

5,895M

April 2017





Kilimanjaro 2017



MOUNT KILIMANJARO

CONGRATULATIONS
YOU ARE NOW AT

UHURU PEAK TANZANIA 5895M/19341FT AMSL

AFRICA'S HIGHEST POINT

WORLD'S HIGHEST FREE STANDING MOUNTAIN

ONE OF WORLD'S LARGEST VOLCANOES
WORLD HERITAGE AND WONDER OF AFRICA



ACONCAGUA

Argentina, South America

6,962M

February 2017





Aconcagua 2017



Raising the RC B flag at the summit of Aconcagua 6962m, Andes Range





DENALI

USA, North America

6,190M

June 2017



DENALI 2017





First Lebanese Woman to reach the summit of Denali C

THE SEVEN SUMMITS CHALLENGE



UPCOMING PROJECT

"JOYCE AZZAM INSPIRES CHANGE"

In her quest to **#InspireChange** during the last stages of her Grand Slam journey, Joyce partnered with

himaya

Pour l'innocence en danger

a Lebanese NGO that promotes child protection via fighting and preventing child abuse.





The project's objectives are to:

- **Inspire** children and youth to pursue their life goals.
- **Encourage** people, especially children to stand in the face of fear, **speak up** and **be resilient**.
- **Raise awareness** about the issue of child abuse in Lebanon.

Social impact and project's objectives will be met through Joyce's visits as himaya's ambassador to schools, universities, and safe spaces around Lebanon, sharing her story and upcoming journey with **more than 1000 children, youth, and community members**.

Her journey will also be shared with the world during her two upcoming expeditions, **Top of Antartica and Top of the World**.

#InspireChange
#YesYouCan

1ST EXPEDITION TOP OF ANTARCTICA



Vinson Massif, Antarctica



4,897m - highest mountain in Antarctica



18 November 8 December 2018



20 days expedition

2nd EXPEDITION TOP OF THE WORLD



Mount Everest, Nepal



April – May 2019



8,848m - highest mountain in the world



2 months expedition

**LESSONS LEARNED
FROM THE MOUNTAINS**

**“DON'T CATEGORIZE
YOURSELF”**





A photograph taken from inside a tent, looking out through an opening. The view shows a vast, snowy mountain landscape under a clear blue sky with some light clouds. In the distance, a large, snow-covered mountain peak is visible. To the left, a flagpole with a red flag is planted in the snow. To the right, a portion of a yellow and red striped flag is visible, hanging from the tent's edge. The foreground shows the interior of the tent, with a yellow wall and a dark, silhouetted structure.

**“One Plan is never
enough”**





EQUIPMENT
PLANNING
FOOD
TRAINING
LOGISTICS
HEALTHY DIET
SURVIVAL
SKILLS
STRESS LEVEL
PATIENCE



A person wearing a bright blue jacket and black pants is rappelling down a dark, craggy rock face. They are suspended by a rope and are positioned in the center-right of the frame. The background shows the rugged texture of the rock and some distant peaks. A large, dark, diagonal shape is overlaid on the left side of the image, containing the text.

**“LEARN WHEN
TO CLIMB DOWN”**











ACONCAGUA

Argentina, South America

6,962M

February 2017



MOTTO

*"Just like a Mountain Turtle,
I go slowly but surely,
I carry my home on my back,
and my Country in my heart".*







TAKE JOYCE TO MT. VINSON

4,897M

*Because in the end, each one of us can make a difference,
But together we make change!
#InspireChange #YesYouCan*



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